

# Mia Caress

SAG/AFTRA

[www.miacareess.com](http://www.miacareess.com), [mia@miacareess.com](mailto:mia@miacareess.com), 646-306-5007

Height: 5' 5" Weight: 130 Hair: Brown Eyes: Hazel

## Television

|                     |                 |          |
|---------------------|-----------------|----------|
| The Equalizer       | Co-Star         | CBS      |
| Law & Order         | Co-Star         | NBC      |
| Billions            | Co-Star         | Showtime |
| The Blacklist       | Co-Star (2 eps) | NBC      |
| Person of Interest  | Co-Star         | CBS      |
| Autopsy             | Co-Star         | HBO      |
| What Would You Do   | Lead (6 eps)    | ABC      |
| A Crime To Remember | Co-Star         | ID       |
| Jimmy Kimmel Live   | Co-Star         | ABC      |

## Film

|                                |                    |                   |
|--------------------------------|--------------------|-------------------|
| Kiss The Bruise                | Supporting         | Dir. Barry Dorsey |
| 3.5 Days                       | Supporting         | Dir. Guy Jackson  |
| Steps                          | Supporting         | Dir. Mark Serao   |
| Summer of Truth (Katie Fforde) | Supporting         | ZDF Enterprises   |
| Whatever Lola Wants            | <i>Dance Coach</i> | Pathe Films       |

## Hosting

|                                  |                     |                        |
|----------------------------------|---------------------|------------------------|
| HSN                              | Guest Host          | HSN                    |
| AOL                              | Series Host         | AOL                    |
| Something Weird News             | Field Reporter      | Comcast                |
| Going Solar                      | Host – Pilot, 4 ep. | First Resolution Prod. |
| Exercise TV (On-Demand)          | Host – 8 segments   | Dragonfly Productions  |
| Delish.com                       | Host – 12 webisodes | Hearst                 |
| Your Money Today w/ Paul Hochman | Guest Host          | MSN                    |
| Buff Brides – Countdown to Gown  | Host                | Inspired Productions   |

**Tours (National/International):** Cirque Le Masque ; Jonathan David Bass Illusions ; Jade Esteban Estrada (Recording Artist) ; Bradley Fields Magic

**Commercial, Industrial, Print, and VoiceOver conflicts available upon request.**

## Training

Acting – HB Studio, Actors Connection, MMAS  
Improv - Upright Citizens Brigade  
VoiceOver – Darren Dunstan, Lisa Biggs, Lisa Fischhoff & Stacey Seidel-Tea  
Hosting - Patricia Murphy, Barbara Barna, Marki Costello  
Dance - Alvin Ailey School, The Martha Graham School (Full Scholarship)

**Special Skills:** TelePrompter Expert, Ear Prompter, Interview Skills, Certified Yoga Instructor (Vinyasa/Pre-Natal), PADI Certified Scuba Diver, Cooking, Professional Dancer and Choreographer (stage/screen/theater) Partner Dancing (Swing, Hustle), Snorkeling, Travel, Pilates, Magic Illusions, 4th Generation Circus Performer, Conversational French, Valid Passport, Drivers License (Standard/Automatic), Stage and Tour Management, Mom.

*Professional home VO studio with Source Connect.*

**Education – University of Massachusetts at Amherst, B.A., Dance (cum laude)**